# 2024 ANNUAL ROUTE CONFERENCE WISCONSIN'S ROUTE ROUTE CONFERENCE CONFERENCE

1:00 - 2:00 PM

Long-Term Care Facilities: Building Sustainable Care in Counties



#### SENIOR LIVING

Care In Your Community!

#### Introduction



Located in the valleys of Sparta, Wisconsin, Rolling Hills is owned and operated by Monroe County. With a population of 46,399 residents Monroe County currently is serviced by three nursing home facilities.

# History of Rolling Hills

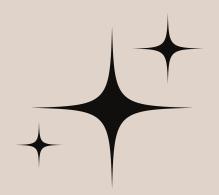
- 1800's Original Home, Known as the "poor farm", or Almshouse, and asylum
- 1898/1899 New Almshouse opened & Old facility closed
- 1900/1901 A new brick Almshouse built and converted into the County Asylum
- 1902 Another new Almshouse was constructed on the property
- 1948 New Structure built that housed Monroe County offices, outpatient therapy, laundry & storage.

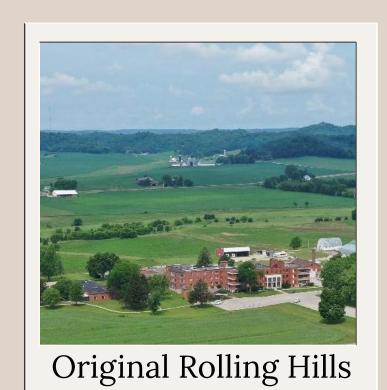
#### Our Vision

- Fully functional building to serve the needs of our residents
- A place to call home, warm & welcoming for residents & their loved ones
- Provide a continuum of care and services to meet changing residents needs.
- Self sustaining



# Our Journey





Complex







Grounding Breaking



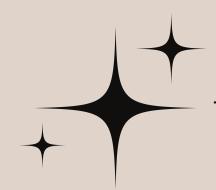
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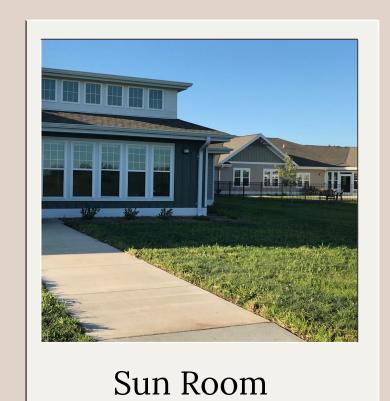


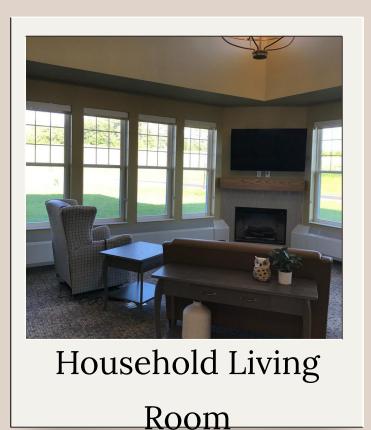
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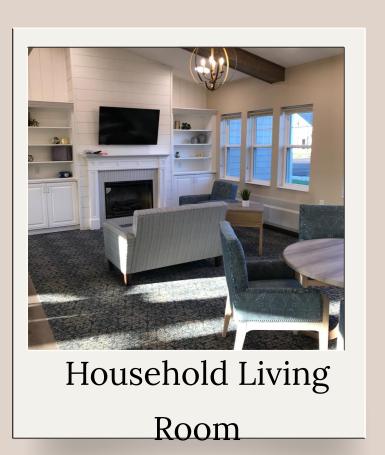
- Community Outreach
- Referendum 65% in favor
- Tax Levy Promise

### Vision to Completion











Dining



2022 - Moved into the newly constructed senior living across the road. Services have evolved over the years, now operating a 50 bed skilled nursing (SNF), 24 bed community based residential facility (CBRF) and a 24 unit assisted living/senior apartments (RCAC).

#### Our Home



Rolling Hills is a comfortable, safe and clean environment with home-like atmosphere. Our complex has three separately licensed facilities.

### Willow Lane, Pine View & Birchwood

Skilled Nursing Facility

- Skilled nursing care 24/7
- 50 Bed 3 households
- Specialized memory care
- Short term rehabilitation
- Client centered care

# The Meadows CBRF

Assisted Living

- Community based living
- 24 Bed 2 households
- Serving residents 55+
- Health monitoring services
- Focus on maintaining independence & quality

# Prairie Hills RCAC Residential Care Apartment Complex

- Serving Tenants 55+
- 1 & 2 Bedroom unit options
- 24 hour staff
- Independent & assisted living services

#### Amenities & Activities



#### **Amenities**

- Continuum of care
- Dining services
- Bistro
- Outdoor courtyard
- Walking paths
- Abundant wildlife



#### Activities

- Live music & entertainment
- Church services
- Games
- Community outings
- Gardening & outdoor activities



#### Therapy

- On site physical,speech &occupational therapy
- Outpatient services to assisted living tenants
- Specialized



# **Additional Services**

- Transportation
- On site beauty & barber
- On site dental |vision | podiatry |audiology services
- Certified wound

# Challenges & Opportunities

#### Staffing

- Retirement and benefits can be an advantage in hiring & retention
- Investment in facility is a draw to potential hires

#### Regulations

- Burdensome in nursing home
- Enhanced penalties for deficiencies
- Thoughtful design can improve care and quality of life

#### Medicaid/Medicare Funding

- Changing financial landscape
- Increased Medicaid funding
- Supplemental payment for nursing home losses
- New established minimum rates for CBRF/RCAC



#### Common Objectives of Public Service

- Service to others
- Fiscal responsibility
- Services close to home
- Coordination & cooperation across county departments
- Economic driver
- Stable jobs at all levels



## Budget By The Years

2019 ACTUAL

2021 ACTUAL

2025 PROPOSED

**Operating Revenue** 

\$7,839,814

**Operating Revenue** 

\$7,874,853

**Operating Revenue** 

\$10,223,276

**Operating Expenses** 

\$8,064,033

**Operating Expenses** 

\$6,753,428

**Operating Expenses** 

\$9,968,611

Capital

\$39,725

0.010070

Capital

\$97,321

Capital

\$254,665

Total Expenses

**Total Expenses** 

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Total Expenses

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# Property Tax Levy



Operating Budget-Property Tax Levy \$1,057,966

#### 2021 Actual

Operating Budget-Property Tax Levy \$1,274,703

#### 2025 Proposed

Debt Service -

Revenue - \$1,186,718

Expenses - \$1,186,718

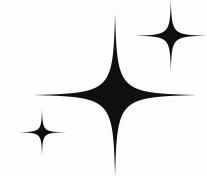


#### Keys To Success

- Financial Stability
- No increase to Monroe County levy cap
- Shared services
- Community Support
- Shared Vision
- Strong leadership and stakeholders
- Multiple focus points priority for operational excellence
- Provide quality care, with exceptional compassion, integrity and dedication.
- Perseverance



# Let's Work Together





Linda Smith, Rolling Hills Administrator

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#### LA CROSSE COUNTY

Exceptional services. Extraordinary place.

# A New Vision for Hillview July 10, 2023

#### Background

- A new vision for Hillview is necessary because:
  - Funding/staffing model is not sustainable.
  - Property is underutilized (only about half is occupied).
  - Building is aging and needs modernization.



#### **Old Plan**

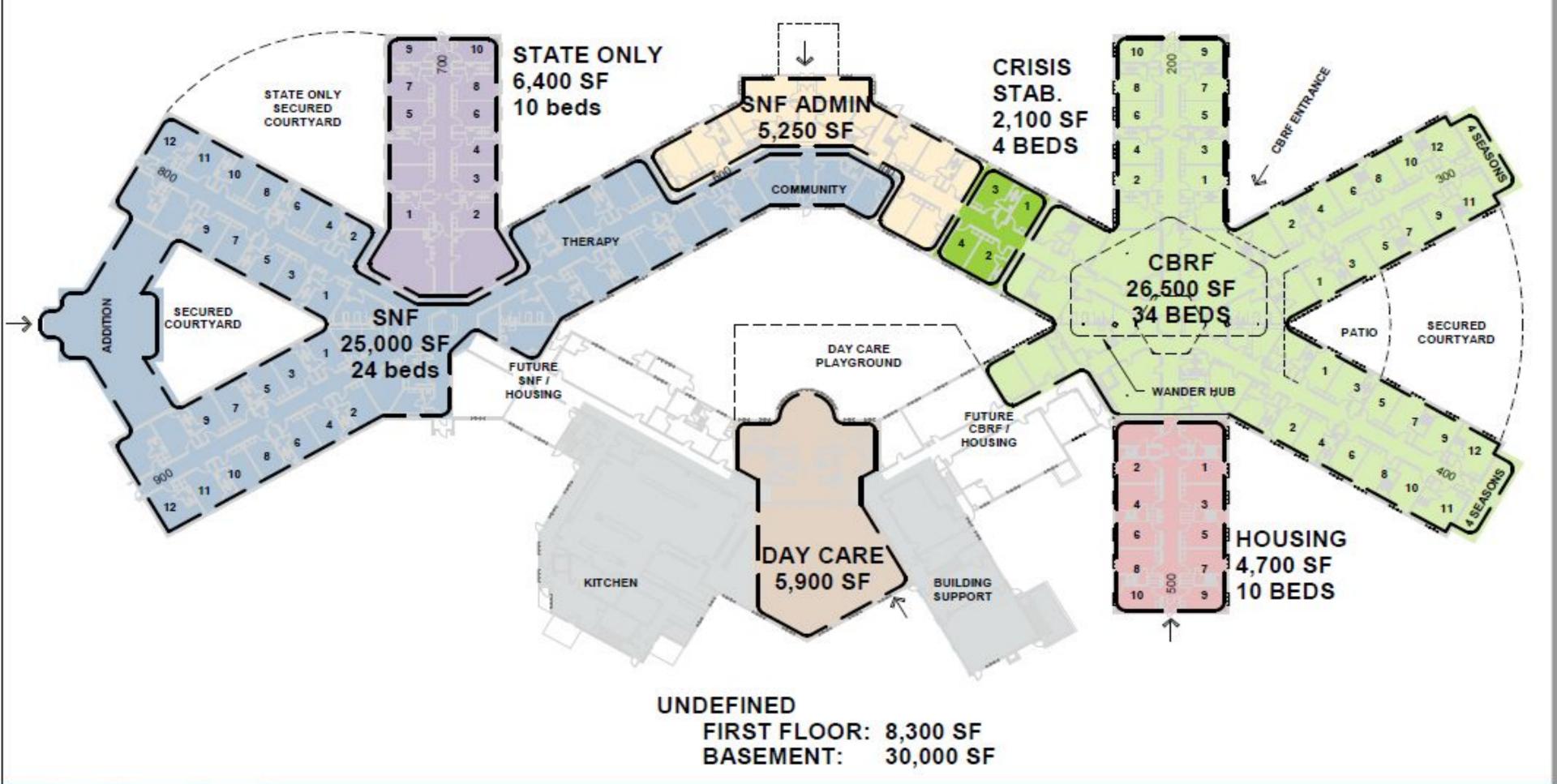
- Construct a new Community Based Residential Facility (CBRF) at Hillview.
- Original budget was \$11 million, but revised estimate came in at \$21 million.
- Price was too high, especially as future of existing building would remain unresolved.



#### New Plan

- •Instead of building new, renovate existing building to allow for sustainable long-term use.
- Find new uses for the large areas of the building that are currently unused.
- Those uses could include a CBRF, daycare, crisis stabilization beds, bridge housing.





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project # 22406

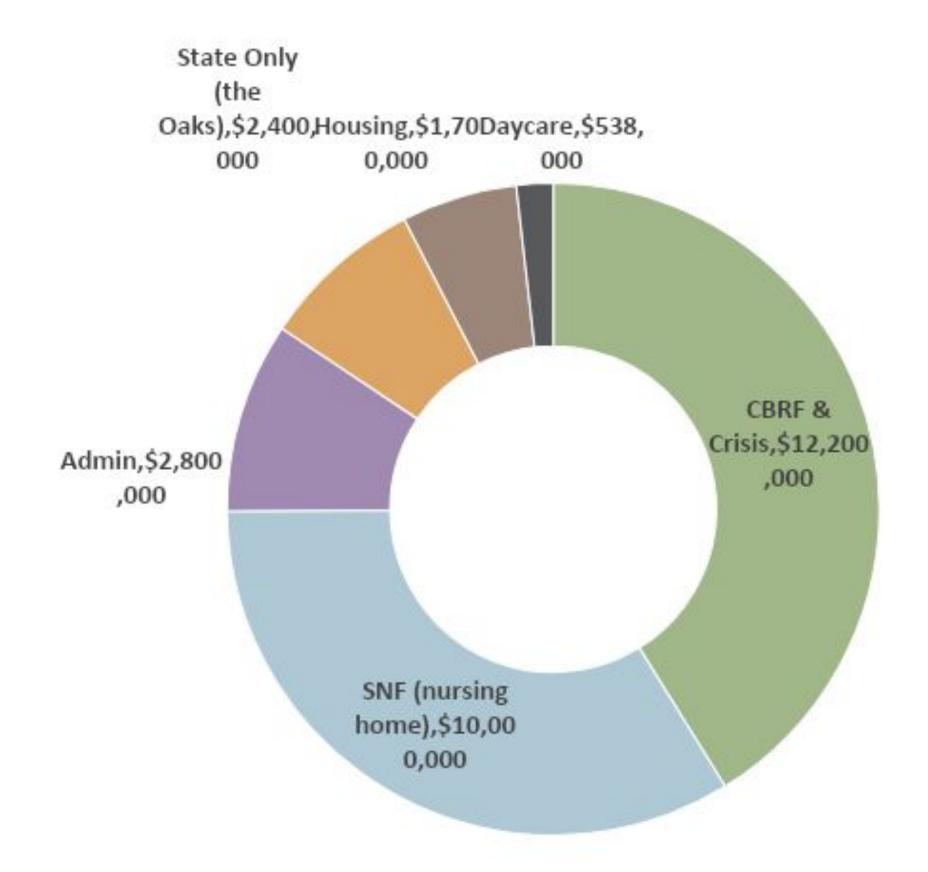
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#### Cost Estimate for New Plan

- •Our consultants (Hoffman) have completed drawings and worked with contractors to price the new plan.
- •Estimate is \$29.6 million.
- This is more than we could afford without going to the taxpayers.



### Cost Estimate Breakdown





#### Recommendation

- •Remove the SNF (nursing home) portion of the plan (\$10 million).
- This brings the total estimate down to \$19.6 million.
- The nursing home would remain open, would receive minimal upgrades, and residents would not be impacted.



#### Current ARPA Standing

Allocated/Spent	
COVID Response	\$705,000
Bridge Housing/Families	\$3,000,000
Skilled Trades Training	\$2,000,000
County Solar	\$1,500,000
Grants for Housing Redevelopment	\$1,000,000
Stormwater Infrastructure	\$2,000,000
Community Events	\$90,000
Broadband Consultant	\$100,000
TOTAL	\$10,395,000

#### **Reserved for Hillview Project**

Hillview CBRF	\$5,000,000
Adult Bridge Housing	\$3,000,000
Intergenerational Center/Childcare	\$3,000,000
Veterans	\$500,000
Grants for Housing Redevelopment	\$1,000,000
TOTAL	\$12,500,000



#### How We Pay for It

- •\$12.5 million of unused ARPA funding.
- •This leaves a \$7.1 million shortfall (original CBRF plan included \$5 million in borrowing).
- •Bonds issued and serviced by Hillview's operations would close the gap.
- No impact to our tax levy.



# New Uses: Overview

#### New Uses: Day Center

- •Former cafeteria at Hillview ideally suited as daycare for children (60 places).
- Innovative new proposal: Intergenerational Day Center
- •Childcare and a day center for older adults, (respite for caregivers and support for families).
- To aid recruitment and retention, preference will be given to county employees



#### New Uses: CBRF

- •Community Based Residential Facilities are the **future** of long-term care.
- Easier to staff, and more sustainable funding model.
- 34 modern private rooms.
- Revenue would support debt service.
- Meets growing need for care for people with dementia.



#### New Uses: Crisis Stabilization

- 4 bed crisis stabilization unit for people with mental health diagnosis and dementia/other cognitive impairment.
- Population not served at the local Tellurian Care Center due to their dementia and medical related needs.



#### New Uses: Bridge Housing

- 10 private bridge housing units for people who are unsheltered (with veterans prioritized).
- Complements city-county homelessness plan currently being developed.



#### Next Steps

- Get direction from board.
- If board supports, flesh out design, solicit bids for different components.
- Return to board for consideration of bids.
- Project timeline: approximately 18 months.



#### Key Takeaways

- •\$19.6 million plan would modernize Hillview and secure its future.
- •Brings new uses into currently empty parts of Hillview to answer critical community needs (day center, housing, and mental health crisis stabilization)
- •No impact on taxpayers or current Hillview residents.



# Questions?