

Dane County's Jail Opiate Project

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Rationale

- Drug overdoses are the leading cause of death for those recently released from jail, especially within the first two weeks of release.
- Abstinence achieved through incarceration provides an opportunity to initiate Vivitrol and related treatment.
- <https://www.channel3000.com/madison-magazine/city-life/changing-the-conversation-about-heroin/162736467>

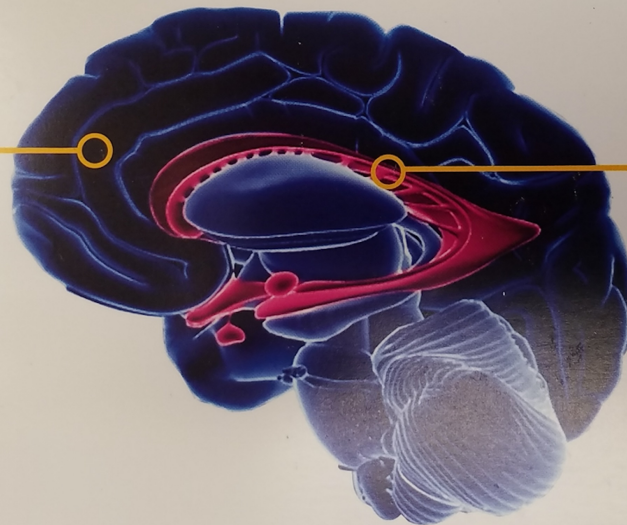
Successful recovery involves both medication and treatment

VIVITROL® can be part of a comprehensive treatment plan that targets the two regions of the brain affected by addiction

Counseling targets the cortex^{3,4}

The role of the cortex is:

- Decision-making
- Thinking
- Reasoning
- Learning
- "Will power"



Medication targets the limbic region³⁻⁶

The role of the limbic region is:

- Basic drives or urges
- Rewards
- Pleasure

Program Goals

- Identify opiate-addicted individuals in jail and provide an opportunity to engage in treatment seamlessly upon release.
- Whenever possible, provide initial Vivitrol injection prior to release, and follow up care in the community immediately thereafter.
- Assist with resource navigation and warm handoffs to community providers.
- Decrease rate of overdose post release.

Program Elements

In-reach services

- AIDS Resource Center of WI
- Wellpath

Treatment Services

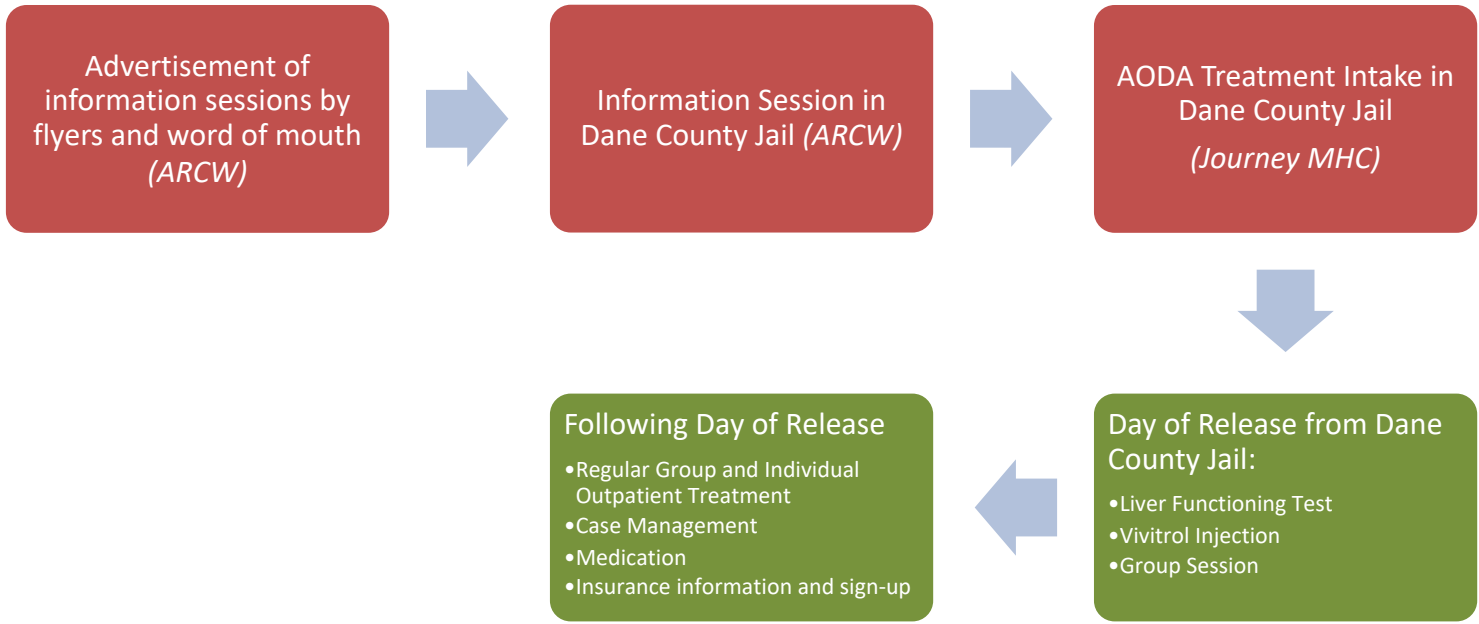
- Journey Mental Health Center

Peer Support

- Safe Communities

Original Program

- Began in October 2013 with a grant from Department of Justice.
- Pilot project, funded for 6 months
- Eligibility limited to inmates who had been in jail for more than 60 days
- Inmates referred via information sessions offered in the jail, received assessment and intake from Journey Mental Health Center staff prior to release from jail, connected with initial appointment and ongoing treatment immediately post-release
- **12/23/13**- 1st injection given at JMHC



Program Evolution

- **2014** – Eligibility changed to include clients in jail for 30 days or more
- **2016** – First Vivitrol injection given in jail
- **2017** – Wellpath began outreach to all inmates completing withdrawal protocols
- **2017** – State Targeted Response Grant funding incorporated, expanding eligibility to inmates incarcerated for 7 days or more

Program Evolution

- **May 2018** - Partnership with Safe Communities to connect Jail Opiate Project participants with Recovery Coaches.
- **November 2018** - MAT in Jail Grant established dedicated Recovery Support Navigation Team within the Wellpath jail medical services.
 - Case Manager and RN embedded in the Wellpath medical team to streamline referral process, assist with re-entry planning, and increase the ability to provide first injection prior to release

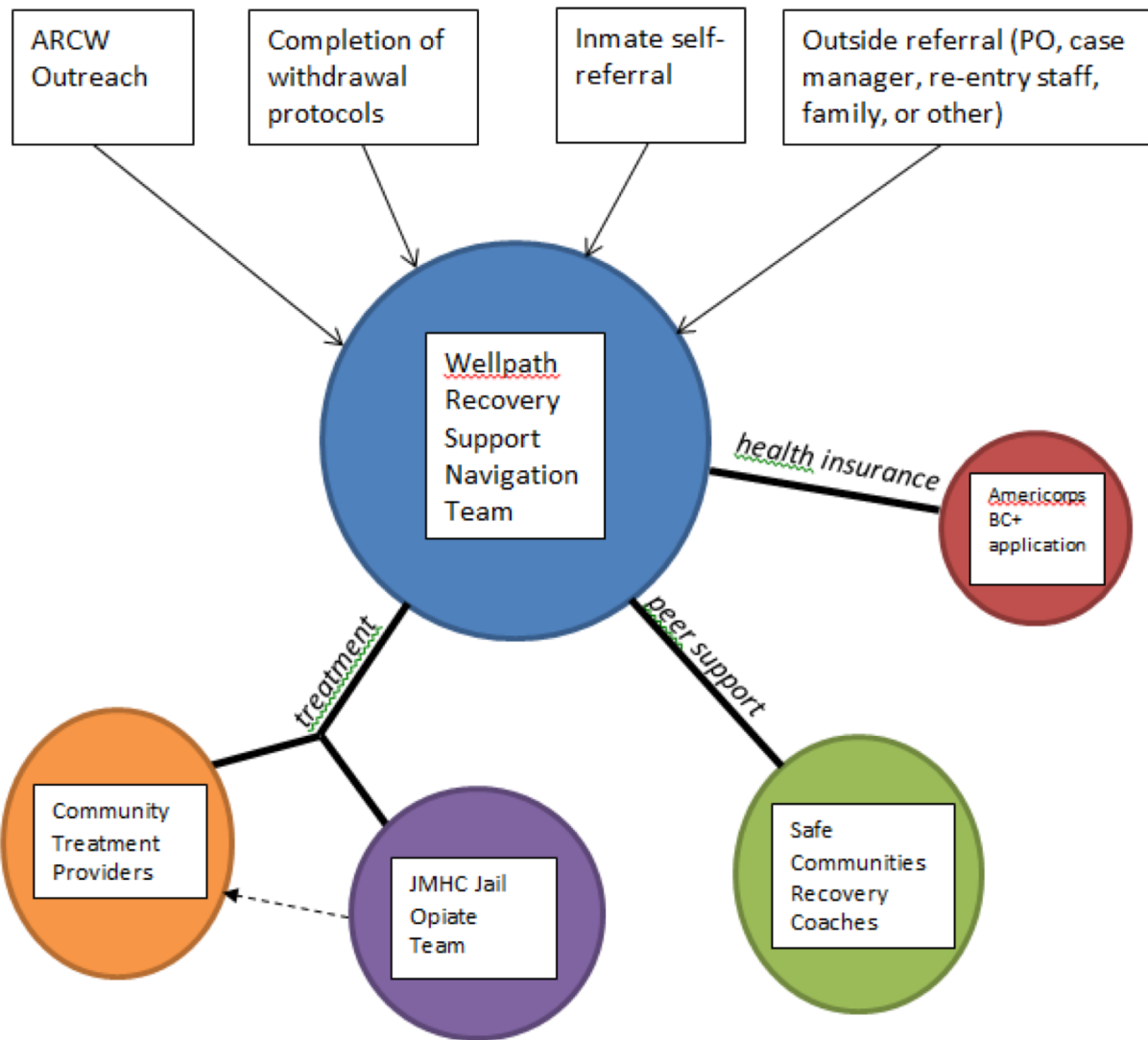
Jail Opiate Project 2019

Recovery Support Navigation team serves as first point of contact and primary referral source

- Referring willing inmates for a clinical assessment
- Facilitate re-entry plans for individuals admitted to the Jail-Opiate Project
- Develop a ten-day safety plan around re-entry
- Help coordinate transportation from jail to sober living arrangement or outpatient clinic
- Assure insurance eligibility or Medicaid application is intact prior to release from jail
- Complete and submit any pre-MAT treatment paperwork to assure smooth transition into community MAT outpatient treatment services
- Set up the first appointment for the client with substance use treatment provider after release
- Link the inmate with a peer specialist/recovery coach
- Assure participants have access to naloxone upon release from Dane County Jail

Jail Opiate Project 2019

- Initial treatment is available through Journey Mental Health Center for all participants.
- Ongoing treatment provided by Journey to the uninsured and those with accepted insurance types.
- Case management provided to those who need to connect with an ongoing provider other than Journey.
- Peer support is offered to anyone interested, regardless of whether they choose to pursue treatment through the Jail Opiate Project.



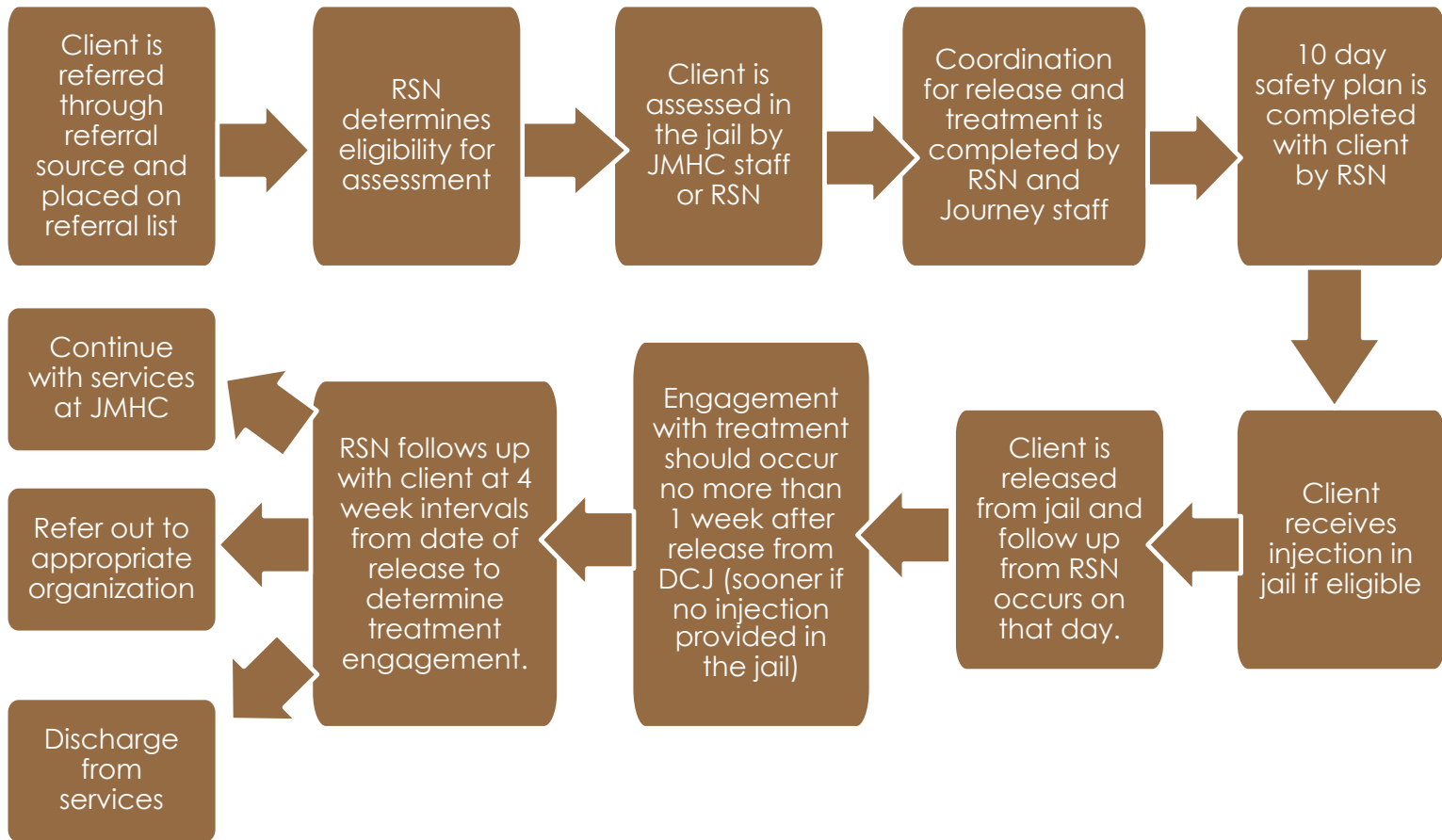
Collaborators

- **Dane County Human Services** - Contracting and grant management
- **Journey Mental Health Center** - Provides assessments in the jail and outpatient AODA treatment, prescriber time, and Vivitrol injections
- **Wellpath** - Medical provider in the jail, provides coordination for release and initial injection in the jail
- **ARCW** - Provides inreach, overdose education, Narcan, and referral to treatment
- **Dane County Sheriff Office** - Coordinates space available in the jail, helps to coordinate release dates
- **Safe Communities** – Provides recovery coaching/peer support to program participants
- **Alkermes** - Vivitrol manufacturer, has supplied samples of medication as well as training for medical staff and other treatment tools (bracelets, necklaces, wallet cards, recovery journals)

Referral Sources

- Aids Resource Center of Wisconsin (ARCW) – via informational outreach sessions offered in jail
- Wellpath medical team – refers individuals identified via withdrawal protocols
- Probation officers
- Alternative Sanctions programs
- Attorneys
- Inmate self-referral
- Others (family members, case managers, treatment providers, etc.)

Jail Opiate Program Process



Handouts

- Program Brochure
- Jail Opiate Project Informed Consent
 - Rationale behind project
 - Information about Vivitrol/naltrexone
 - Warnings, precautions, contraindications
 - Possible side effects
 - Program requirements/expectations
- Client Expectation Sheet

Medication Assisted Treatment with Vivitrol

- Injection of Vivitrol every 4 weeks – blocks effects of opiates and reduces cravings
- Group therapy
- Individual therapy
- Prescriber appointments
- Regular drug testing

Data

- Outreach provided to 661 inmates since 2014
- 777 referrals received since February 2016, an average of 5 referrals per week
- 2017 - 196 referrals -101 seen for assessment
- 2018 - 324 referrals -120 seen for assessment, 62 people engaged in some kind of tx
- 52% of referrals followed through with tx**

** Treatment defined by any treatment activity received outside of jail on JMHC campus

Program Results

Urine Drug Screen Results for Vivitrol group, 12/21/18-2/1/19



- Negative for all or detected Rx- 69%
- Positive for Opiates*- 8%
- Positive for Substance other than opiates- 22%**

* 60% of positives for opiates were for Buprenorphine. None of the clients that were positive for opiates had received a Vivitrol injection.

** Of positives, 12 were for THC, 2 for cocaine, 1 for benzodiazepines

Reasons for attrition

- Prior to assessment
 - Quick turnaround time at jail - released before assessment can occur
 - Revoked on charges - will not be available for treatment
 - Person changes their mind
- Between assessment and treatment
 - Legal situation does not resolve as expected
 - Consumer does not engage in treatment after release
- During treatment
 - Consumer disengages after minimal treatment - Cravings disappear after initial injection

Challenges

- Lack of control over legal system (especially for pre-sentenced inmates), unpredictable release dates
- Limitations of the physical environment at the jail
- Staff turnover/retention
- Client engagement for recommended 6-12 months
- Insurance gaps – clients may not continue to be eligible for Badgercare as they progress in recovery
- Prescriber time – not enough of it and difficult to coordinate on a short turnaround

Future Enhancements

- Pre-treatment groups within the jail prior to release
- Incentives for clients that are achieving recovery goals
- Ongoing peer run support groups for long term recovery
- Improved data tracking and outcomes

Testimonials

- "Low maintenance and high rewards. [After] stabbing yourself 10 times a day with a needle, having a shot once a month is so much easier. I have stressed family and friends out and although it will be a long road I have a solid foundation just knowing I don't need it anymore. Just speaking for myself this is awesome."
- "I have been addicted to opiates for nearly 20 years. I started the Vivitrol program, and haven't used once. I now have nearly 8 months clean, the longest period of clean time I have ever had, and I attribute it all to the Vivitrol program. Methadone and Suboxone have been ineffective for me, unlike the Vivitrol."

Questions?

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