



# FAMILY CENTERED TREATMENT.®

## Family Systems/Trauma Treatments to Confront the Child Welfare Crisis

Kathi Cauley, Jefferson County  
Fred Johnson, St. Croix County

- ❖ Increase in child protection services due to drug abuse/use of parents resulting in out-of-home placements
- ❖ Complex unmet mental health needs of children
- ❖ Youth Justice
- ❖ Increase in younger children needing services

## Placement Data

Placement	2014	2015	2016	2017	2018
Foster Home, Non Relative	12	11	17	21	17
Foster Home, Relative	2	3	8	23	37
Kinship	1	3	10	13	11
Residential Care Center	1	2	0	5	3
Shelter	4	0	0	5	5
Detention	0	0	1	2	1
Group Home	3	2	1	0	2
Corrections	0	1	0	0	0
Trial Reunification	0	2	0	2	1
Missing From Care	0	0	1	0	0
<b>Totals</b>	<b>23</b>	<b>24</b>	<b>38</b>	<b>71</b>	<b>77</b>

- ❖ Few private Outpatient Clinics in the County
- ❖ Increase in child protection services due to parents with opioid abuse issues.
- ❖ Complex unmet mental health needs of youth
- ❖ No Family Therapy services in the County



## Placement Data

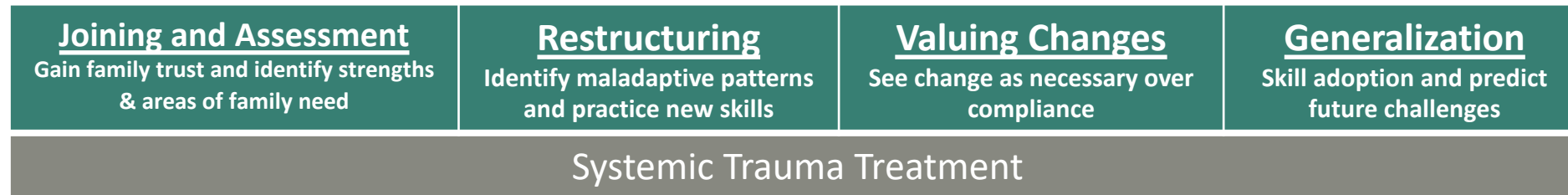
Alternate Care Placements - Children								
SETTING	2011	2012	2013	2014	2015	2016	2017	2018
Foster Care	125	130	82	127	112	108	114	105
Residential Treatment Center	6	5	2	6	7	12	9	7
Juvenile Corrections	3	1	0	0	0	0	0	0
Group Homes	12	18	11	13	17	12	16	6
Detentions	47	35	68	76	45	23	15	10
<b>TOTALS</b>	<b>193</b>	<b>189</b>	<b>163</b>	<b>222</b>	<b>181</b>	<b>155</b>	<b>154</b>	<b>128</b>



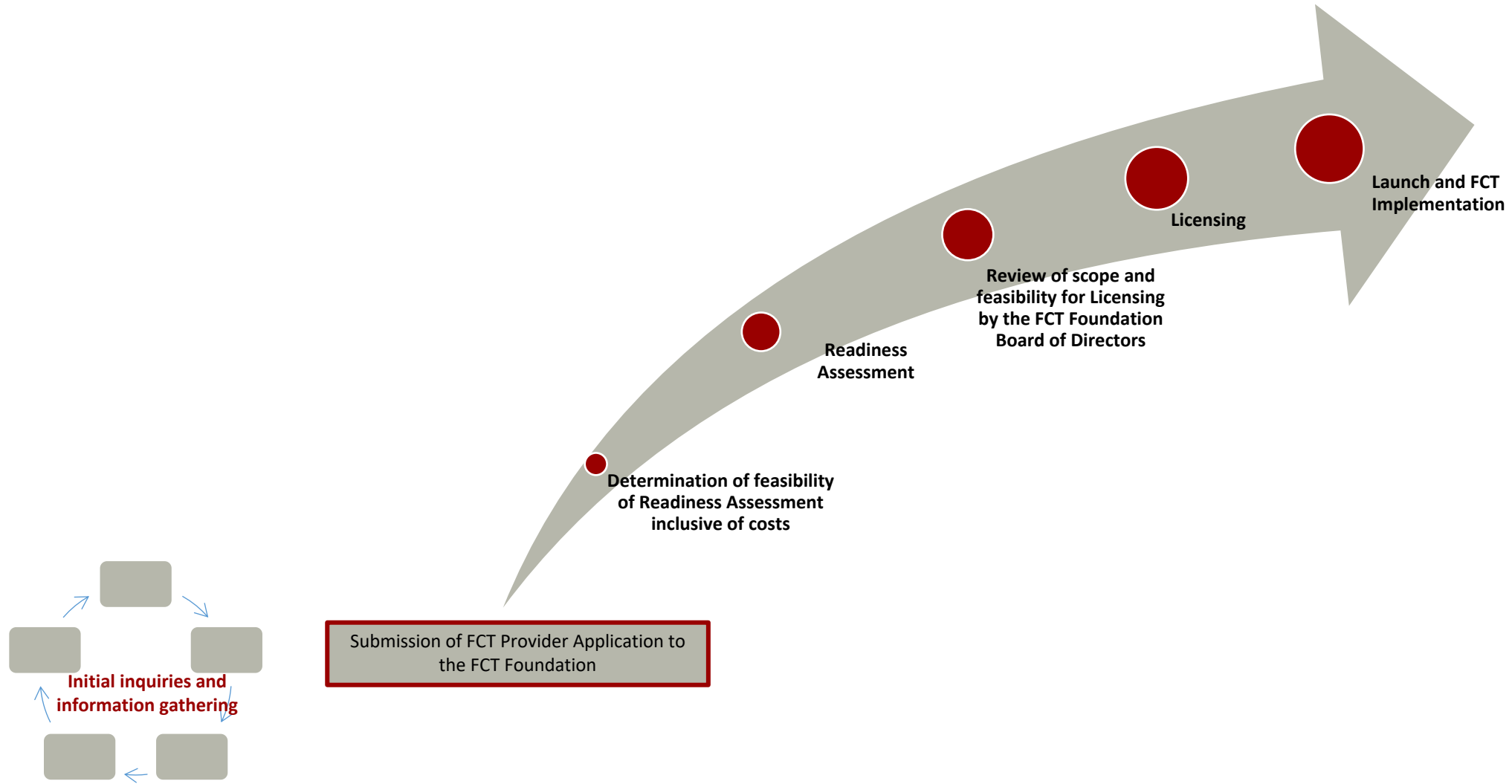
# FAMILY CENTERED TREATMENT

- ❖ North Carolina/Virginia based organization
  - ❖ 25 years of existence
  - ❖ Private, non-profit
  - ❖ Board of Directors
  - ❖ Practitioner developed
- ❖ Partnerships with Duke & University of Maryland School of Social Work
  - ❖ Rigorous research and recognized as an evidence-based practice

# Four Phases of Treatment



# Path of Implementation





# FCT FOUNDATION CONSULTANTS

Primary objective is to move organizations through stages of implementation to achieve full implementation

- ❖ Training
  - Onsite and Offsite weekly
  - Supervisors and organizational Trainers
- ❖ Case consultation/staff modeling
- ❖ Supervision consultation modeling
- ❖ Fidelity and Adherence monitoring
- ❖ Setting up systems within the organization to 'self monitor'
  - 3<sup>rd</sup> party audits and reporting of model metrics
- ❖ Community/Stakeholder training and consultation
- ❖ Establishing and revising service standards to reflect current needs and sustainability
- ❖ Implementation Driver Assessment completion, analysis, and monitoring

## Funding Sources

- ❖ Promoting Safe and Stable Families Allocation
- ❖ Comprehensive Community Services
- ❖ County Tax levy

## Organizational Structure

- ❖ Certification under Behavioral Health Division through the Division of Quality Assurance
- ❖ Staffed under Children Services Division
- ❖ Ongoing collaboration and consultation between Behavioral Health & Children Services

## Funding Sources:

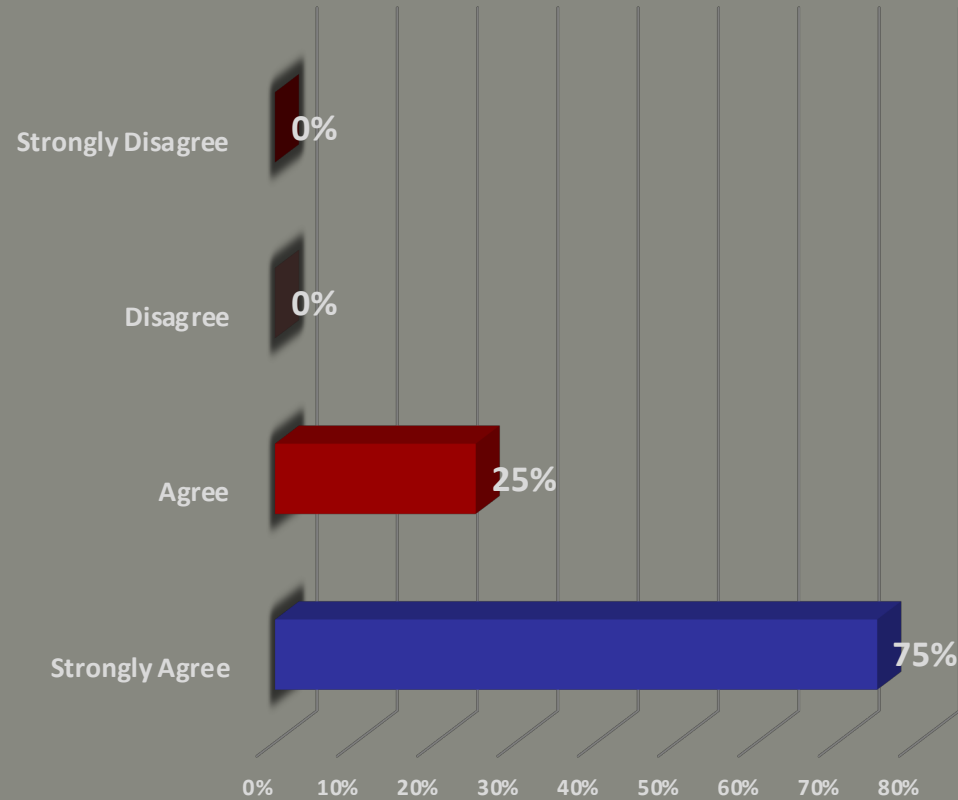
- ❖ Comprehensive Community Services (CCS)
- ❖ Substance Abuse Prevention Block Grant
- ❖ Tax Levy

## Organizational Structure

- ❖ Certification under Behavioral Health Division through the Division of Quality Assurance as part of CCS
- ❖ Lots Ongoing collaboration and consultation between Behavioral Health & Children Services

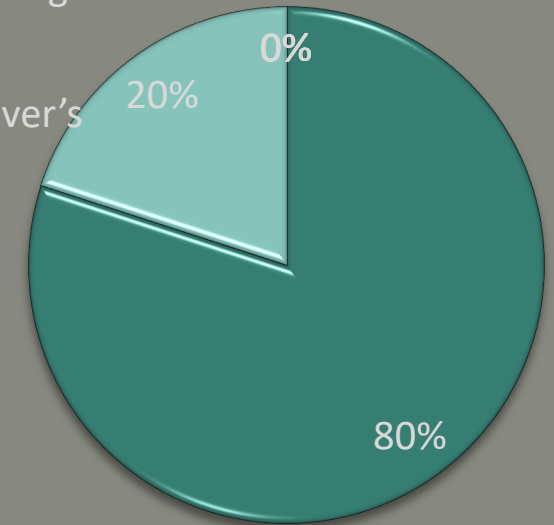


## FCT has improved the family life



## Status at Discharge

- Maintained Placement with Family of Origin
- Maintained Placement in Other Caregiver's Home
- Reunified with Family of Origin
- Reunified with Other Caregiver
- Maintained Out-of-home Placement
- Placed out-of-home
- Independent Living



# Outcomes- Jefferson County

- ❖ FCT currently has 9 enrolled families.
- ❖ All of our families are on target to meet their identified FCT goals. I have pulled the following data:
- ❖ Our average weekly time spent with a family is 5.5 hours.
- ❖ Our clinicians are seeing families an average of 3.5 times a week.
- ❖ 70% of time spent working with families is direct face to face time.
- ❖ It is still too early to re-administer the mind-point Family Assessment Device (FAD) that we use to measure outcomes for 8 of the families. For one family that has reached the mid-point re-administration, their FAD went from a 2.6 to a 1.5 on a 0-5 scale with 0 being no family dysregulation.
- ❖ In addition, none of the families enrolled in FCT have been placed out of home and have been able to stabilize behaviors to preserve in-home placements.



# COUNTY CONSIDERATIONS

- 1) County Child Welfare Needs
- 2) Collaboration between Behavioral Health and Children Services
- 3) Implementation Planning
- 4) Funding Plan



## St. Croix County

❖ Julie Krings, MSW, CSW  
Children Services Administrator  
715-246-8238  
Julie Krings - [Julie.krings@sccwi.gov](mailto:Julie.krings@sccwi.gov)

❖ Jon McDuffie, LCSW  
Family Centered Treatment Foundation  
828-301-4252  
Jon McDuffie - [Jon.McDuffie@familycenteredtreatment.org](mailto:Jon.McDuffie@familycenteredtreatment.org)



## Jefferson County

❖ Tiffany Congdon, LPC,  
Comprehensive Community Services Manager  
920-674-1949, [Tiffanyc@jeffersoncountywi.gov](mailto:Tiffanyc@jeffersoncountywi.gov)