FAMILY CENTERED TREATMENT.

Family Systems/Trauma Treatments to Confront the Child Welfare Crisis

Kathi Cauley, Jefferson County
Fred Johnson, St. Croix County
- Increase in child protection services due to drug abuse/use of parents resulting in out-of-home placements
- Complex unmet mental health needs of children
- Youth Justice
- Increase in younger children needing services
## Placement Data

<table>
<thead>
<tr>
<th>Placement</th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
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<tbody>
<tr>
<td>Foster Home, Non Relative</td>
<td>12</td>
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<td>17</td>
<td>21</td>
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<td>Foster Home, Relative</td>
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<td>Kinship</td>
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<td>Residential Care Center</td>
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<td>Shelter</td>
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<tr>
<td>Detention</td>
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<td>2</td>
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<tr>
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<td>Corrections</td>
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<td>Trial Reunification</td>
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<td><strong>Totals</strong></td>
<td><strong>23</strong></td>
<td><strong>24</strong></td>
<td><strong>38</strong></td>
<td><strong>71</strong></td>
<td><strong>77</strong></td>
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</table>
- Few private Outpatient Clinics in the County
- Increase in child protection services due to parents with opioid abuse issues.
- Complex unmet mental health needs of youth
- No Family Therapy services in the County
## Child Welfare Crisis - Jefferson County

### Placement Data

<table>
<thead>
<tr>
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<td>6</td>
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<td>12</td>
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<td>Juvenile Corrections</td>
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<td>Group Homes</td>
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<td>Detentions</td>
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<tr>
<td><strong>TOTALS</strong></td>
<td>193</td>
<td>189</td>
<td>163</td>
<td>222</td>
<td>181</td>
<td>155</td>
<td>154</td>
<td>128</td>
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</tbody>
</table>
FAMILY CENTERED TREATMENT

- North Carolina/Virginia based organization
- 25 years of existence
- Private, non-profit
- Board of Directors
- Practitioner developed
- Partnerships with Duke & University of Maryland School of Social Work
- Rigorous research and recognized as an evidence-based practice
<table>
<thead>
<tr>
<th><strong>Joining and Assessment</strong></th>
<th><strong>Restructuring</strong></th>
<th><strong>Valuing Changes</strong></th>
<th><strong>Generalization</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Gain family trust and identify strengths &amp; areas of family need</td>
<td>Identify maladaptive patterns and practice new skills</td>
<td>See change as necessary over compliance</td>
<td>Skill adoption and predict future challenges</td>
</tr>
</tbody>
</table>

**Systemic Trauma Treatment**
Path of Implementation

Determination of feasibility of Readiness Assessment inclusive of costs

Review of scope and feasibility for Licensing by the FCT Foundation Board of Directors

Licensing

Launch and FCT Implementation

Submission of FCT Provider Application to the FCT Foundation

Initial inquiries and information gathering
Primary objective is to move organizations through stages of implementation to achieve full implementation

- **Training**
  - Onsite and Offsite weekly
  - Supervisors and organizational Trainers
- **Case consultation/staff modeling**
- **Supervision consultation modeling**
- **Fidelity and Adherence monitoring**
- **Setting up systems within the organization to ‘self monitor’**
  - 3rd party audits and reporting of model metrics
- **Community/Stakeholder training and consultation**
- **Establishing and revising service standards to reflect current needs and sustainability**
- **Implementation Driver Assessment completion, analysis, and monitoring**
Funding Sources

- Promoting Safe and Stable Families Allocation
- Comprehensive Community Services
- County Tax levy

Organizational Structure

- Certification under Behavioral Health Division through the Division of Quality Assurance
- Staffed under Children Services Division
- Ongoing collaboration and consultation between Behavioral Health & Children Services
Funding Sources:
- Comprehensive Community Services (CCS)
- Substance Abuse Prevention Block Grant
- Tax Levy

Organizational Structure
- Certification under Behavioral Health Division through the Division of Quality Assurance as part of CCS
- Lots Ongoing collaboration and consultation between Behavioral Health & Children Services
Outcomes - St. Croix County County

Status at Discharge

- Maintained Placement with Family of Origin: 80%
- Maintained Placement in Other Caregiver’s Home: 20%
- Reunified with Family of Origin: 0%
- Reunified with Other Caregiver: 0%
- Maintained Out-of-home Placement: 0%
- Placed out-of-home: 0%
- Independent Living: 0%

FCT has improved the family life:

- Strongly Agree: 75%
- Agree: 25%
- Disagree: 0%
- Strongly Disagree: 0%
FCT currently has 9 enrolled families.
All of our families are on target to meet their identified FCT goals. I have pulled the following data:
Our average weekly time spent with a family is 5.5 hours.
Our clinicians are seeing families an average of 3.5 times a week.
70% of time spent working with families is direct face to face time.
It is still too early to re-administer the mind-point Family Assessment Device (FAD) that we use to measure outcomes for 8 of the families. For one family that has reached the mid-point re-administration, their FAD went from a 2.6 to a 1.5 on a 0-5 scale with 0 being no family dysregulation.
In addition, none of the families enrolled in FCT have been placed out of home and have been able to stabilize behaviors to preserve in-home placements.
1) County Child Welfare Needs
2) Collaboration between Behavioral Health and Children Services
3) Implementation Planning
4) Funding Plan
St. Croix County

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Jefferson County

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